

YOUTH'S HERALD

BY YOUTH
FOR YOUTH
Volume 1, Number 4

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Challenge!

Object
Lessons _{p8}

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Up To Date

Dear Reader,

This is a call for all artistic youth out there! I'm sure you've noticed the amazing job our designer has done with the magazine. Unfortunately, he hasn't found a suitable image for our front cover yet.

We need your help! What do you envision for the front cover of Youth's Herald? Draw it and send it to us! Make sure it's something that grabs our reader's attention and pulls them inside. Remember, it should also convey our mission: Christian youth connecting. Ages 8 through 20 are invited to participate. You can scan and email in your submission to youths_herald@rollinsclan.com, or mail it to 3016 Snook Rd., Chewelah, WA, 99109. Please include your name and age, and return address if mailing. The winner's submission will become the background for our front cover! He or she will also be sent a special prize. We're excited to see what you come up with!

On another note, I have been wanting to tell you how exciting it is to read each contribution as it comes in! Each one has blessed me so much and inspired me to follow Jesus more closely. And I'm sure the magazine has done the same for you! If you are thinking about sending something in, I want you to know that every little bit counts. Not only will it exercise your witnessing muscles, but your testimony will be a blessing to someone else, no matter how short or simple. Who knows? Maybe your testimony will even result in someone's conversion!

And that's not the only reason to contribute. The more contributions we receive and can put in the magazine, the faster we will be able to switch from publishing bi-monthly to monthly! So definitely give it some thought. We're excited to hear from you!

Blessings,

Tessa Kimmel

Youth for Truth

Adapted from *The Desire of Ages*, ch. 7-9, by Jessica Landis, 16

What's Happening: Jessica is telling us about the childhood and youth of Jesus.

Jesus' burden was to save the souls of men. If He passed by one who was ensnared under Satan's control, He would offer them some word of comfort that would cheer and lift their spirits. If He met another struggling with Satan, He would encourage them to fight on. He would assure a trembling soul that they could not lose the battle with God and the angels on their side. "Those whom He thus helped were convinced that here was One in whom they could trust with perfect confidence."¹

Jesus wasn't rich. He didn't live in a beautiful city. He was "the Creator of the worlds, the earth was His possession, and yet poverty marked His life experience at every step."² Later in His life, He would say, "The foxes have holes, and the birds of the air have nests; but the Son of Man

hath not where to lay His head" (Matthew 8:20). He was born in a rude building, one made to shelter animals. Do you know anyone else who was born in a barn? I think not! But by living in poverty His entire life, the Spotless One showed us that happiness does not need a life of ease to thrive. He showed that serving God does not depend on "if I can afford it."

Nazareth, the town where Jesus lived, was well known for its wickedness. Just before becoming a disciple, Nathanael would ask, "Can anything good come out of Nazareth?" (See John 1:46.) For almost thirty years, Jesus lived in this corrupt environment. And yet, that entire time, He stayed pure and in accordance with God's will. He was "in all points tempted like as we are, yet without sin" (Hebrews 4:15). "He was subject to all the conflicts which

(Part 2)

we have to meet, that He might be an example to us in childhood, youth, and manhood.”³

Whenever Jesus was tempted, He always had one answer: “It is written.” Often His brothers accused Him of being a coward for not joining them in a wrong act. But His response was, “It is written, ‘The fear of the Lord, that is wisdom; and to depart from evil is understanding’” (Job 28:28). Many times, He was asked, “Why are you so strange and different from us all?” To this He replied, “It is written, ‘Blessed are they that keep His testimonies, and that seek Him with the whole heart. They also do no iniquity: they walk in His ways’” (Psalms 119:1-3). What an example for us! What an encouragement to those who are being persecuted for doing right, to know that the King of kings has experienced their very trials!

“Every youth who follows Christ’s example of faithfulness and obedience in His lowly home may claim those words spoken of Him by the Father through the Holy Spirit, ‘Behold My servant, Whom I uphold: Mine Elect, in whom My soul delighteth’ (Isaiah 42:1).”⁴

As we focus on young people who have found the golden vein of true meaning in life, let us learn every ingredient in the recipe for a successful passage through youth. Let’s follow Jesus’ example as a Youth for Truth!

(Concluded.)

1. The Desire of Ages, p. 91
2. Ibid, p. 87
3. Ibid, p. 71
4. Ibid, p. 74

Personal Study

Nathan Ingelse, 13

In His ministry of teaching and healing, and ultimately in sacrificing His life for our sins, Jesus suffered many hardships and temptations. Despite these hardships, He never gave up. His mission was to save us from our sins, and He would not give up because of His undying love for us. If I profess to love Jesus, I must ask myself some questions. First, am I, today, fulfilling the Great Commission to “teach all nations” by what I am saying and doing? Second, am I overcoming sin as Jesus did—resisting temptation and saying no to sinful things? What about you? Are you fulfilling the Great Commission? Are you overcoming sin like Jesus? If your answer to either question is no, then don’t put it off until later. “For even hereunto were ye called: because Christ also suffered for us, leaving us an example, that ye should follow His steps” (1 Peter 2:21). Why not start now?

Caleb Evert, 14

Whenever someone is mean or unkind to me, I often want to get back at them. But getting revenge isn’t the right thing to do. It’s not what Jesus would do. Think of all the things that were done to Him—if anyone had an excuse to get revenge, it was Jesus. But He never got revenge.

Someone once said, “When you’re out to get revenge, dig two graves: one for the person you’re getting revenge on, and one for yourself.” God says, “Dearly beloved, avenge not yourselves, but rather give place unto wrath: for it is written, Vengeance is Mine; I will repay, saith the Lord” (Romans 12:19). God also says, “Love your enemies, bless them that curse you, do good to them that hate you” (Matthew 5:44). I want to do what God says and repay evil with good.

Benjamin Neuharth, 13

In the beginning, God created the heavens and the earth. He also made a day of rest, the Sabbath.

“Remember the Sabbath day to keep it holy. Six days shalt thou labor and do all your work. But the seventh day is the Sabbath of the Lord thy God. In it thou shalt do no work” (see Exodus 20:8-10). What is work? Work is laboring or accomplishing something. “You, nor your son, nor your daughter, nor your manservant, nor your female servant, nor your cattle, nor the stranger that is within your gates” (see Exodus 20:10). Notice that it says anything that is within your gates. Even your animals are to rest!

Isaiah 58:13-14 says, “If you turn away your foot from the Sabbath, from doing your pleasure on My holy day, and call the Sabbath a delight, the holy day of the Lord honorable, and shall honor Him, not doing your own ways, nor finding your own pleasure, nor speaking your own words, then you shall delight yourself in the Lord.”

Most of us keep Sabbath by refraining from work, but in today’s culture, it has become acceptable to do “our own pleasure” on

Sabbath. We do not realize that the Sabbath is very important—it is the only commandment where God tells us to “remember!”

The Sabbath is not to be a day of work or pleasure-seeking. Sabbath is a day to worship God and teach others about Jesus. When we love Jesus, and show it by truly following Him, spending time with God on His Sabbath will be our greatest joy!

Hope Griffin, 15

“For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope. Then you will call upon Me and go and pray to Me, and I will listen to you. And you will seek Me and find Me, when you search for Me with all your heart” (Jeremiah 29:11-13, NKJV).

For a few years now, these have been my favorite Bible verses. They touch my heart in so many ways. When I’m discouraged, they remind me that God loves me and has a plan for my life. In peaceful times, they remind me to seek Him first. He promises that I will find Him if I search for Him with all my heart!

“Thank You, God, for these wonderful verses and that You keep Your promises!”

Object Lessons

Jessica Landis, 16

One Friday afternoon, as my mom was getting ready for Sabbath, she decided to make a quick pot of potato soup. She cut up some potatoes and onions and put them in a pot. She cut celery and minced garlic and put them in the pot.

As she kept adding veggies, the soup got bigger and bigger, until she thought, “This is probably the biggest pot of soup I’ve ever made!” With six people in the house, she knew she would need quite a bit of soup to feed her hungry family, but not that much! “Well,” she thought, “I guess we will have enough to last the whole weekend!”

With the pot simmering on the stove, she finished up a few more things that needed to be done before sundown. All too soon, the soup was done cooking. Before putting it away, she decided that it needed to be thickened a bit. So she went to the cupboard to grab some cornstarch, shook some into the soup, and mixed it all together.

“Oh dear! What’s wrong with the soup?” She thought. The soup wasn’t becoming thick and creamy as it should have. A thick layer of foam was forming on top of the soup—and it was growing!

(To be continued.)

From Our Kitchen to Yours

Jennifer Landis, 20 Minestrone Soup

Serves 10-12

- 3 Tablespoons olive oil
- 2 cups diced zucchini
- 1 cup sliced carrots
- 1 cup diced celery
- 1 large onion, diced
- 3 cloves garlic, minced
- 3 Tablespoons tomato paste
- 6 cups vegetable broth
- 1 (28-ounce) can diced tomatoes (don't drain)
- 1 (15-ounce) can kidney beans, drained
- 1 Tablespoon Italian seasoning
- 2 cups pasta shells
- 2 cups baby spinach
- Salt to taste

In a large pot, sauté zucchini, carrots, celery, onion, and garlic in the oil until the onions are translucent. Reduce heat and stir in the tomato paste. Deglaze with the vegetable broth. Add the tomatoes, beans, and Italian seasoning. Bring to a low simmer and stir in pasta and spinach. Let simmer until pasta is cooked. Add salt to taste. Enjoy!

Personal (Part 2) Testimony

Jessica Landis, 16

***What's Happening:** 11-year-old Jessica Landis watches a violent video game and suffers horrible nightmares that won't go away. When one night she dreams she will die in one year, she reaches out to God and ultimately surrenders to Him. But when her family decides to go on a mission trip to Mexico, all the old fears come back. After all, the year isn't over yet!*

I knew Mexico wasn't the safest place. There was a good chance of something going wrong. I was scared. But on the mission trip, I came closer to God than when I first surrendered! The mission trip participants were some of the godliest people I had ever met. I really couldn't have been safer than while working with them. Distracted with mission work, I didn't think about my nightmare all the time.

Even though the mission trip was over a year ago, God is continuing to transform my life. He keeps me safe, sustains me, and gives me strength for every trial. He is so merciful!

God wants to give you a new life, too! "For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a

hope" (Jeremiah 29:11, NKJV).

So don't give in to fear or discouragement! Let God take control of your life. He has a plan and a future for you!

"Our heavenly Father measures and weighs every trial before He permits it to come upon the believer. He considers the circumstances and the strength of the one who is to stand under the proving and test of God, and He never permits the temptations to be greater than the capacity of resistance. If the soul is overborne, the person overpowered, this can never be charged to God . . . Christ never failed a believer in his hour of combat. The believer must claim the promise and meet the foe in the name of the Lord" (Our High Calling, p. 323).

(Concluded.)

From the desk of

Ellen G. White

“Entreat you to be wise, and consider what will be the result of leading a wild life, uncontrolled by the Spirit of God. ‘Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap. For he that soweth to his flesh shall of the flesh reap corruption.’¹ For your soul’s sake, for Christ’s sake, who gave Himself to save you from ruin, pause on the threshold of your life, and weigh well your responsibilities, your opportunities, your possibilities. God has given you an opportunity to fill a high destiny. Your influence may tell for the truth of God; you may be a co-laborer with God in the great work of human redemption. . .

O that young men might appreciate the high destiny to which they are called! Ponder well the paths of your feet. Begin your work with high and holy purpose, and be determined that through the power of the grace of God, you will not diverge from the path

of rectitude.² If you begin to go in a wrong direction, every step will be fraught with peril and disaster, and you will go on straying from the path of truth, safety, and success. You need your intellect strengthened, your moral energies quickened, by divine power.

The cause of God demands the highest powers of the being, and there is urgent need in many fields for young men of literary qualifications. There is need of men who can be trusted to labor in extensive fields that are now white to the harvest. Young men of ordinary ability, who give themselves wholly to God, who are uncorrupted by vice and impurity, will be successful, and will be enabled to do a great work for God. Let young men heed the admonition, and be sober-minded” (Review and Herald, June 16, 1891).

1. Galatians 6:7-8

2. Righteousness

***"Let your light so shine
before men, that they may
see your good works,
and glorify your Father
which is in heaven."***

Matthew 5:16