

August 30, 2021

Dear administrator,

I am writing to respectfully inform you that due to my religious beliefs as a Seventh Day Adventist, I am unable to consent to receiving any COVID vaccines and am requesting a reasonable accommodation.

The Bible teaches me that my body is the temple of God (1 Corinthians 6:19). As a living temple, I believe that I must protect my body, and keep it holy, and that I must not put any harmful substances into my body, nor take any action that unnecessarily risks my health. This is a belief that I observe daily in my choice of diet, strict avoidance of tobacco, as well as engaging in other health practices. To give examples, I have never eaten food prohibited (unclean meats such as pork, Leviticus 11) by the Bible. In addition, I do not drink caffeinated beverages, I have never smoked, drank alcohol, or done drugs. I have been consistent all my life with my health beliefs, and all that know me can verify that what I am saying is true.

I have made an effort to inform myself of the risks and benefits of receiving a COVID vaccine. I have learned that the vaccines available at this time carry substantial risks, including risks of things like myocarditis, pericarditis, blood clots, severe allergic reactions, and death. I have also informed myself of the risks to myself and my community from complications of contracting the COVID virus. There are unknown risks of the vaccine. I also understand that there are other methods of protecting against and treating COVID infections, which do not carry the same level of risk as the vaccines.

A Pioneer of my church, Ellen G. White wrote in her book *Counsels of Health* written close to the year 1880 “Drug medication as it is generally practiced, is a curse. Educate away from drugs. Use them less and less and depend upon hygienic agencies; then nature will respond to God’s physicians – pure air, pure water, proper exercise, a clear conscience. Those who persist in the use of tea, coffee, and flesh meats will feel the need of drugs, but many might recover without one grain of medicine if they would obey the laws of health. Drugs need seldom be used”. I have learned to use nature as medicine and use the eight laws of health: nutrition, exercise, water, sunshine, temperance, fresh air, rest, and trust in God. This is the true way to be healthy. If everyone kept these principles, mortality of COVID would have been much lower.

I checked VAERS (<https://openvaers.com/covid-data>) today (8/30/2021) and currently there is more than 13,000 vaccine related deaths, 55,000 hospitalizations, and most important to me, 18,000 permanently disabled because of the vaccines.

Most importantly, I have previously contracted COVID, and have been previously diagnosed with COVID, and recovered from COVID and thus have natural immunity. I do have positive test results and medical certificates. As a naturally immune person, the COVID vaccines cannot provide any benefit to me or anyone I come into contact with. I have attached several studies demonstrating effective and long-lasting immunity after

contracting SARS CoV2 or also called COVID 19 (Zuo *et al.*, 2021 and Pan *et al.*, 2021). In addition, immunity from SARS CoV1 (the original SARS) can last 12 years or more, as people that recovered from SARS CoV1 still have immunity 12 years later (Guo *et al.*, 2020), this is likely the case with SARS CoV2 or COVID 19, as people that were infected in the beginning of the pandemic still have immunity and people that have been donating convalescent plasma since the beginning of the pandemic, still have demonstrated immunity and continue to donate. The protection of natural immunity is more robust than provided by the vaccine, as it is now documented that the effectiveness of the vaccine in preventing infections has declined significantly with the Delta variant, and in the USA, the Pfizer vaccine is down to only 50% effectiveness in protecting against infection (Hopkins and Toy, 2021), In Israel where 90% of the population is vaccinated, breakthrough infections in vaccinated people are common and they are having outbreaks (Mizrahi *et al.*, 2021). A medical doctor (Dr. Kovi Haviv) news in Israel reported in their channel 13 news that the majority of their hospitalized patients were fully vaccinated (<https://www.youtube.com/watch?v=L5u83E7bU-c>). It is obvious to me that the reason that the Delta variant has become the dominant variant, is because it has the ability to infect vaccinated people therefore there is selection pressure eliminating the variants that cannot infect vaccinated people.

Some further evidence that natural immunity is superior to that acquired by the vaccine can be found in a Journal Science article. This article demonstrates that having natural immunity (previously have had COVID 19) is 13 times more effective than having two dosages of the Pfizer vaccine (Wadman, 2021). In addition, there is further demonstration of this in a court case won in George Mason University where a professor was granted exemption after his lawsuit (Prof Granted Vaccine Exemption After 'Natural Immunity' Lawsuit | Citizens Journal | Citizens Journal)

Because I have natural immunity and have robust and long-lasting immunity, I have nothing to gain from obtaining the vaccine. \_\_\_\_\_ university is forcing me and others to take medical risks without benefit to me or others. In addition, no one seems to be liable if I have serious side effects, I am not willing to risk my health and medical autonomy to satisfy the desires of an authoritarian employer. This is discrimination since I am of no risk to others. I should not be made to submit spit every week.

In addition to teaching me that my body is the temple of God, the Bible also teaches me about the sanctity of life, specifically that life begins at conception and that I must not endorse the killing of human life by anything I participate in. The ten commandments says "Thou shall not murder" Exodus 20:13. It is my understanding that most or all of the COVID vaccines contain cell lines or utilized cell lines derived from aborted human beings in the manufacture and testing of the vaccine. It is my sincere belief that for me to benefit from the murder of innocent human life is immoral and a sin. Even if the safety and efficacy of the vaccines were certain and the danger of the disease great, I cannot in good conscience receive a COVID vaccine.

After considering the risks, benefits, alternatives, the use of aborted fetal cell lines, as well as my personal health condition, I have taken the matter to the Lord in prayer and am convicted that I should not take the vaccine and that to do so would violate my conscience. James 1:5-6.

The United States Equal Employment Opportunity Commission is charged with promulgating and enforcing workplace rules and regulations regarding religious accommodations. According to their webpage entitled “What You Should Know About COVID-19 and the ADA, the Rehabilitation Act, and Other EEO Laws,” paragraph K.12 states in part, “Once an employer is on notice that an employee’s sincerely held religious belief, practice, or observance prevents the employee from getting a COVID-19 vaccine, the employer must provide a reasonable accommodation unless it would pose an undue hardship.” And “that the definition of religion is broad and protects beliefs, practices, and observances with which the employer may be unfamiliar. Therefore, the employer should ordinarily assume that an employee’s request for religious accommodation is based on a sincerely held religious belief, practice, or observance.”

Our school has a non-discrimination policy which states, “Unlawful acts of discrimination or harassment are prohibited. In addition, the University community holds itself to certain standards of conduct more stringent than those mandated by law. Thus, even if not illegal, acts are prohibited under this policy if they: Discriminate against any University community member(s) through inappropriate limitation of employment opportunity, access to university residential facilities, or participation in educational, athletic, social, cultural, or other University activities on the basis of age, color, gender, disability status, national origin, political persuasion, race, ... and religion; or harass any University community member(s) on the basis of ... disability status, national origin, political persuasion, race, and religion.”

Besides our non-discrimination policy, our school is governed by Federal law. Federal law at 42 U.S.C. 2000a states that any business that provides, among other things, food, or housing, is prohibited from discriminating on the basis of religion. Courts have found that food business that are incidental to an otherwise unrelated business are sufficient to bring the entire business under the application of this law. It is no excuse that the discriminatory action taken is required by state or local law. 42 U.S.C. 2000a-1. Nor is it legal to threaten any action against anyone attempting exercise their Constitutional right of freedom of religion. 42 U.S.C. 2000a-2.

When I signed my contract, I did not surrender my religious beliefs or my medical autonomy. I have never consented to this coercion. \_\_\_\_\_ university is making religious tests by mandating DEI trainings that go against the conscience of Bible believers and MSU is also removing medical autonomy from their faculty and students. The constitution in addition to many laws protect people, and it is this that has made the United States a great nation. Liberty is what has made the United States great. These mandates and limitations of liberty are against my conscience and go against the principles of this nation.

Apart from my religious objections to COVID vaccination, I would like to point out that these vaccines are experimental. As experimental therapy, they should be subjected to the very highest standards for obtaining informed consent, free from coercion. Any undue hardship imposed upon anyone declining the vaccine is unethical.

Finally, it is terrifying that this university and many institutions in the United States are ignoring liberties of conscience, speech, association, religion, and medical autonomy.

\_\_\_\_\_ university feels comfortable creating an underclass that cannot do what others can do, they can be fired, or have different rules placed upon them, etc. This is happening in all the nation, and this could lead to limitations in ability to buy, sell, associate, therefore preparing the way for the end times and the mark of the beast. Revelation 13:16 says “And he causeth all, both small and great, rich and poor, free and bond, to receive a mark in their right hand, or in their foreheads: And that no man might buy or sell, save he that had the mark, or the name of the beast, or the number of his name.” I am not saying that this is the mark of the beast, I am just saying that this seems to be laying the groundwork for oppression, removing of liberties, and possible persecution for those that do not comply with religious mandates. The United States is a great nation that has provided refuge for persecuted people all over the world and was founded by people fleeing oppression and religious persecution in Europe. It is liberty that has made the United States great and if liberty is lost, then there will be nowhere to escape to. I love this great and beautiful country, let’s keep it free.

Sincerely,